The VSA Adult League is a recreational league with the singular mission to have fun in a safe environment. I understand I must follow the rules below to remain a player in good standing with the club and in league play:

- I will respect the game of soccer and its laws.
- I will learn these laws and will follow them.
- I will play the game fairly.
- I will show respect for the authority of the referee, even though I will sometimes disagree with his/her calls.
- I will show good sportsmanship before, during, and after games.
- I understand that soccer is a game, and that the players on the other team are my opponents, not my enemies.
- I understand that dissent toward my teammates, coach, opponents and referees is not permitted as a member of VSA.