



Virginia Soccer Association

Guidelines for US Youth Soccer

Season	2023-24	2024-25	2025-26	2026-2027	Some age groups will combine in the Recreation Program
Birth Year					
2022				U5	These 2 Age groups combine in Recreation Program as U8
2021			U5	U6	
2020		U5	U6	U7	These 2 Age groups combine in Recreation Program as U10
2019	U5	U6	U7	U8	
2018	U6	U7	U8	U9	These 2 Age groups combine in Recreation Program as U12
2017	U7	U8	U9	U10	
2016	U8	U9	U10	U11	These 2 Age groups combine in Recreation Program as U16
2015	U9	U10	U11	U12	
2014	U10	U11	U12	U13	These 2 Age groups combine in Recreation Program as U19
2013	U11	U12	U13	U14	
2012	U12	U13	U14	U15	
2011	U13	U14	U15	U16	
2010	U14	U15	U16	U17	
2009	U15	U16	U17	U18	
2008	U16	U17	U18	U19	
2007	U17	U18	U19		
2006	U18	U19			
2005	U19				