

Long Park – 11v11 – Game Day Guidelines



Parent/Spectator Guidelines

1. Stay in car until 5 minutes before kick off to reduce contact with other groups/team
2. Always maintain 10 ft social distancing
3. Stay 10 feet away from fence (at no time should a parent lean on fence)
4. At NO time enter field of play or fenced area
5. Sit in designated areas for each field (Home or Away section) staying 10 feet apart
6. Parents return to car straight after final whistle.
7. Do not wait for child at the player entrance or exit
8. Parents are required per league guidelines to wear face/mask covering from car to designated field area
9. Do not congregate in groups near any entrance or exit at field

Player Guidelines

1. Players will exit car to field 5 minutes before warm up time given by coach. Always maintain 10 ft social distancing
2. They will enter field at the designated entrance before game and exit at the designated area after the game. Do not congregate in groups near any entrance or exit at field
3. Players are required per league guidelines to wear face/mask covering from car to designated field area.
4. NO Tents or Benches for either team

Long Park – 9v9 – Game Day Guidelines



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