

**VSA SPRING 2024 MARCH PRACTICE SCHEDULE**  
**U9-U10 POD 1 & FUTURES**  
**CLUB CONCEPT (CC): MARCH 4, 2024**  
**SCHEDULE SUBJECT TO CHANGE**

**FUTURES BOYS**

MONDAY — 5:00PM — 5:55PM — LP FIELD 5  
WEDNESDAY — 5:00PM — 5:55PM — LP FIELD 5

**15B PULISIC**

MONDAY — 5:00PM — 6:25PM — LP FIELD 6A  
TUESDAY — 5:00PM — 6:25PM — LP FIELD 5A-2  
THURSDAY — 6:15PM — 7:25PM — LP FIELD 7A

**15B MCKENNIE**

MONDAY — 5:00PM — 6:25PM — LP FIELD 6A  
TUESDAY — 5:00PM — 6:25PM — LP FIELD 5A-2  
THURSDAY — 6:15PM — 7:25PM — LP FIELD 7A

**14B PULISIC**

MONDAY — 6:35PM — 8:00PM — LP FIELD 6A  
WEDNESDAY — 6:00PM — 7:25PM — LP FIELD 5A-1  
THURSDAY — 5:00PM — 6:10PM — LP FIELD 7A

**14B MCKENNIE**

MONDAY — 6:35PM — 8:00PM — LP FIELD 6A  
WEDNESDAY — 6:00PM — 7:25PM — LP FIELD 5A-1  
THURSDAY — 5:00PM — 6:10PM — LP FIELD 7A

**SCHEDULE DATES: MARCH 4 — MARCH 29, 2024**

**LONG PARK (LP) — 4603 JAMES MADISON HWY**

**FUTURES GIRLS**

MONDAY — 5:00PM — 5:55PM — LP FIELD 5  
WEDNESDAY — 5:00PM — 5:55PM — LP FIELD 5

**15G LAVELLE**

MONDAY — 5:00PM — 6:25PM — LP FIELD 6B  
WEDNESDAY — 6:00PM — 7:25PM — LP FIELD 5A-2  
THURSDAY — 6:15PM — 7:25PM — LP FIELD 7B

**15G SAUERBRUNN**

MONDAY — 5:00PM — 6:25PM — LP FIELD 6B  
WEDNESDAY — 6:00PM — 7:25PM — LP FIELD 5A-2  
THURSDAY — 6:15PM — 7:25PM — LP FIELD 7B

**14G LAVELLE**

MONDAY — 6:35PM — 8:00PM — LP FIELD 6B  
TUESDAY — 5:00PM — 6:25PM — LP FIELD 5B-1  
THURSDAY — 5:00PM — 6:10PM — LP FIELD 7B

**14G SAUERBRUNN**

MONDAY — 6:35PM — 8:00PM — LP FIELD 6B  
TUESDAY — 5:00PM — 6:25PM — LP FIELD 5B-1  
THURSDAY — 5:00PM — 6:10PM — LP FIELD 7B



**VSA SPRING 2024 MARCH PRACTICE SCHEDULE**  
**U9-U10 POD 2\*\***  
**CLUB CONCEPT (CC): MARCH 4, 2024**  
**SCHEDULE SUBJECT TO CHANGE**

**15B ADAMS**

MONDAY — 5:00PM — 6:25PM — LP FIELD 6A  
THURSDAY — 6:15PM — 7:25PM — LP FIELD 7A

**15B DEST**

MONDAY — 5:00PM — 6:25PM — LP FIELD 6A  
THURSDAY — 6:15PM — 7:25PM — LP FIELD 7A

**14B ADAMS**

MONDAY — 6:35PM — 8:00PM — LP FIELD 6A  
THURSDAY — 5:00PM — 6:10PM — LP FIELD 7A

**14B DEST**

MONDAY — 6:35PM — 8:00PM — LP FIELD 6A  
THURSDAY — 5:00PM — 6:10PM — LP FIELD 7A

**SCHEDULE DATES: MARCH 4 — MARCH 29, 2024**

**LONG PARK (LP) — 4603 JAMES MADISON HWY**

**15G RODMAN**

MONDAY — 5:00PM — 6:25PM — LP FIELD 6B  
THURSDAY — 6:15PM — 7:25PM — LP FIELD 7B

**15G HORAN**

MONDAY — 5:00PM — 6:25PM — LP FIELD 6B  
THURSDAY — 6:15PM — 7:25PM — LP FIELD 7B

**14G RODMAN**

MONDAY — 6:35PM — 8:00PM — LP FIELD 6B  
THURSDAY — 5:00PM — 6:10PM — LP FIELD 7B

**14G HORAN**

MONDAY — 6:35PM — 8:00PM — LP FIELD 6B  
THURSDAY — 5:00PM — 6:10PM — LP FIELD 7B

**\*\*POD 2 TEAMS WILL HAVE AN ADDITIONAL OPPORTUNITY FOR A THIRD SESSION THAT WILL BE COMMUNICATED BY THE ZONE 1 DIRECTOR\*\***



**VSA SPRING 2024 MARCH PRACTICE SCHEDULE**  
**U11-U14 ECNL RL & PRE-ECNL II**  
**CLUB CONCEPT (CC): MARCH 4, 2024**  
**SCHEDULE SUBJECT TO CHANGE**

13B PRE-ECNL RL I VDA WEST

MONDAY — 6:15PM — 7:30PM — LP FIELD 5A\*\*  
TUESDAY — 5:00PM — 6:25PM — LP FIELD 5A-1  
THURSDAY — 5:00PM — 6:25PM — LP FIELD 5A

13B PRE-ECNL II

MONDAY — 5:00PM — 6:15PM — LP FIELD 7B-2  
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6  
WEDNESDAY — 5:00PM — 6:10PM — LP FIELD 7B-2

12B PRE-ECNL RL I VDA WEST

MONDAY — 6:15PM — 7:30PM — LP FIELD 5A\*\*  
WEDNESDAY — 6:15PM — 7:25PM — LP FIELD 7A-2  
THURSDAY — 5:00PM — 6:25PM — LP FIELD 5A-2

12B PRE-ECNL II

MONDAY — 6:15PM — 7:30PM — LP FIELD 7B-2  
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6  
WEDNESDAY — 6:15PM — 7:25PM — LP FIELD 7B-2

11B ECNL RL

TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6  
WEDNESDAY — 6:15PM — 7:30PM — LP FIELD 5B-1  
THURSDAY — 7:30PM — 8:40PM — LP FIELD 7B-2

10B ECNL RL

TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6  
WEDNESDAY — 7:30PM — 8:40PM — LP FIELD 7B-2  
THURSDAY — 8:00PM — 9:30PM — LP FIELD 5A

**SCHEDULE DATES: MARCH 4 — MARCH 29, 2024**

**LONG PARK (LP) — 4603 JAMES MADISON HWY**

13G PRE-ECNL RL I VDA WEST

MONDAY — 6:15PM — 7:30PM — LP FIELD 5A\*\*  
WEDNESDAY — 5:00PM — 6:10PM — LP FIELD 7A-2  
THURSDAY — 6:35PM — 8:00PM — LP FIELD 5A-1

13G PRE-ECNL II

TUESDAY (CC) — 6:35PM — 7:35PM — LP FIELD 7A  
WEDNESDAY — 5:00PM — 6:10PM — LP FIELD 6B-1  
THURSDAY — 5:00PM — 6:15PM — LP FIELD 6A-1

12G PRE-ECNL RL I VDA WEST

MONDAY — 6:15PM — 7:30PM — LP FIELD 5A\*\*  
WEDNESDAY — 6:15PM — 7:30PM — LP FIELD 5B-2  
THURSDAY — 6:35PM — 8:00PM — LP FIELD 5A-2

12G PRE-ECNL II

TUESDAY (CC) — 6:35PM — 7:35PM — LP FIELD 7A  
WEDNESDAY — 7:30PM — 8:40PM — LP FIELD 5A-2  
THURSDAY — 7:30PM — 8:40PM — LP FIELD 7B-1

11G ECNL RL

TUESDAY (CC) — 6:05PM — 7:05PM — LP FIELD 6  
WEDNESDAY — 6:15PM — 7:25PM — LP FIELD 6B-1  
THURSDAY — 6:35PM — 8:00PM — LP FIELD 5B-1

10G ECNL RL

TUESDAY (CC) — 6:05PM — 7:05PM — LP FIELD 6  
WEDNESDAY — 6:15PM — 7:25PM — LP FIELD 6B-2  
THURSDAY — 8:00PM — 9:30PM — LP FIELD 5B-1

\*\*EVERY OTHER WEEK WILL BE AT HOWISON\*\*

\*\*EVERY OTHER WEEK WILL BE AT HOWISON\*\*



**VSA SPRING 2024 MARCH PRACTICE SCHEDULE**  
**U11-U12 PREMIER**  
**CLUB CONCEPT (CC): MARCH 4, 2024**  
**SCHEDULE SUBJECT TO CHANGE**

**13B PREMIER RED**

MONDAY — 5:00PM — 6:15PM — LP FIELD 7A-2  
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6  
FRIDAY — 5:00PM — 6:15PM — LP FIELD 5A-1

**13B PREMIER ROYAL**

MONDAY — 5:00PM — 6:15PM — LP FIELD 7B-1  
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6  
WEDNESDAY — 5:00PM — 6:10PM — LP FIELD 7A-1

**12B PREMIER RED**

MONDAY — 6:15PM — 7:30PM — LP FIELD 7A-1  
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6  
WEDNESDAY — 7:30PM — 8:40PM — LP FIELD 7A-1

**12B PREMIER ROYAL**

MONDAY — 6:15PM — 7:30PM — LP FIELD 7B-1  
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6  
WEDNESDAY — 6:15PM — 7:25PM — LP FIELD 7A-1

**SCHEDULE DATES: MARCH 4 — MARCH 29, 2024**

**LONG PARK (LP) — 4603 JAMES MADISON HWY**

**13G PREMIER RED**

MONDAY — 5:00PM — 6:15PM — LP FIELD 7A-1  
TUESDAY (CC) — 6:35PM — 7:35PM — LP FIELD 7A  
WEDNESDAY — 5:00PM — 6:10PM — LP FIELD 7B-1

**12G PREMIER RED**

MONDAY — 6:15PM — 7:30PM — LP FIELD 7A-2  
TUESDAY (CC) — 6:35PM — 7:35PM — LP FIELD 7A  
THURSDAY — 6:35PM — 8:00PM — LP FIELD 5B-2



**VSA SPRING 2024 MARCH PRACTICE SCHEDULE**  
**U13-U14 PREMIER**  
**CLUB CONCEPT (CC): MARCH 4, 2024**  
**SCHEDULE SUBJECT TO CHANGE**

**11B PREMIER RED**

MONDAY — 6:15PM — 7:30PM — LP FIELD 5B-1  
TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6  
WEDNESDAY — 6:15PM — 7:25PM — LP FIELD 7B-1

**11B PREMIER ROYAL**

MONDAY — 7:35PM — 8:40PM — LP FIELD 5A-1  
TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6  
WEDNESDAY — 7:30PM — 8:40PM — LP FIELD 5A-1

**10B PREMIER RED**

MONDAY — 7:30PM — 8:40PM — LP FIELD 5B-1  
TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6  
WEDNESDAY — 7:30PM — 8:40PM — LP FIELD 7B-1

**10B PREMIER ROYAL**

MONDAY — 7:30PM — 8:40PM — LP FIELD 5B-2  
TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6  
THURSDAY — 7:30PM — 8:40PM — LP FIELD 7A-2

**SCHEDULE DATES: MARCH 4 — MARCH 29, 2024**

**LONG PARK (LP) — 4603 JAMES MADISON HWY**

**11G PREMIER RED**

TUESDAY (CC) — 6:05PM — 7:05PM — LP FIELD 6  
WEDNESDAY — 7:30PM — 8:40PM — LP FIELD 6B-2  
FRIDAY — 6:15PM — 7:30PM — LP FIELD 5A-2

**11G PREMIER ROYAL**

MONDAY — 7:35PM — 8:40PM — LP FIELD 5A-2  
TUESDAY (CC) — 6:05PM — 7:05PM — LP FIELD 6  
WEDNESDAY — 7:35PM — 8:40PM — LP FIELD 5A-2

**10G PREMIER RED**

TUESDAY (CC) — 6:05PM — 7:05PM — LP FIELD 6  
WEDNESDAY — 7:30PM — 8:40PM — LP FIELD 5B-2  
THURSDAY — 7:30PM — 8:40PM — LP FIELD 7A-1

**10G PREMIER ROYAL**

TUESDAY (CC) — 6:05PM — 7:05PM — LP FIELD 6  
WEDNESDAY — 7:30PM — 8:40PM — LP FIELD 5B-1  
FRIDAY — 6:15PM — 7:30PM — LP FIELD 5A-1



**VSA SPRING 2024 MARCH PRACTICE SCHEDULE**  
**U15-U19 ECNL RL**  
**CLUB CONCEPT (CC): MARCH 4, 2024**  
**SCHEDULE SUBJECT TO CHANGE**

**09B ECNL RL**

MONDAY — 7:35PM — 8:35PM — LP FIELD 7  
WEDNESDAY — 6:15PM — 7:25PM — LP FIELD 6A-1

**08B ECNL RL**

MONDAY — 8:40PM — 9:40PM — LP FIELD 7B  
WEDNESDAY — 6:15PM — 7:25PM — LP FIELD 6A-2

**07B ECNL RL**

MONDAY — 7:35PM — 8:35PM — LP FIELD 7  
WEDNESDAY — 6:15PM — 7:25PM — LP FIELD 6A-2

**06/05B ECNL RL**

MONDAY — 7:35PM — 8:35PM — LP FIELD 7  
WEDNESDAY — 6:15PM — 7:25PM — LP FIELD 6A-2

**SCHEDULE DATES: MARCH 4 — MARCH 29, 2024**

**LONG PARK (LP) — 4603 JAMES MADISON HWY**

**09G ECNL RL**

MONDAY — 8:05PM — 9:05PM — LP FIELD 6  
THURSDAY — 5:00PM — 6:15PM — LP FIELD 6B

**08G ECNL RL**

MONDAY — 8:05PM — 9:05PM — LP FIELD 6  
WEDNESDAY — 5:00PM — 6:10PM — LP FIELD 6B-2

**07G ECNL RL**

MONDAY — 8:05PM — 9:05PM — LP FIELD 6  
WEDNESDAY — 7:30PM — 8:40PM — LP FIELD 6A-2

**06/05G ECNL RL**

MONDAY — 8:05PM — 9:05PM — LP FIELD 6  
WEDNESDAY — 7:30PM — 8:40PM — LP FIELD 6A-1



**VSA SPRING 2024 MARCH PRACTICE SCHEDULE**  
**U15-U19 PREMIER**  
**CLUB CONCEPT (CC): MARCH 4, 2024**  
**SCHEDULE SUBJECT TO CHANGE**

**09B PREMIER RED**

MONDAY — 8:40PM — 9:50PM — LP FIELD 5B-1  
WEDNESDAY — 7:30PM — 8:40PM — LP FIELD 7A-2

**09B PREMIER ROYAL**

MONDAY — 8:40PM — 9:50PM — LP FIELD 5A-2  
WEDNESDAY — 8:40PM — 9:50PM — LP FIELD 5A-1

**08B PREMIER RED**

MONDAY — 7:35PM — 8:35PM — LP FIELD 7  
WEDNESDAY — 8:40PM — 9:50PM — LP FIELD 7A-2

**08B PREMIER ROYAL**

MONDAY — 7:35PM — 8:35PM — LP FIELD 7  
WEDNESDAY — 8:40PM — 9:50PM — LP FIELD 5A-2

**07B PREMIER RED**

MONDAY — 7:35PM — 8:35PM — LP FIELD 7  
WEDNESDAY — 8:40PM — 9:50PM — LP FIELD 7A-1

**06/05B PREMIER RED**

MONDAY — 7:35PM — 8:35PM — LP FIELD 7  
WEDNESDAY — 6:15PM — 7:25PM — LP FIELD 6A-2

**SCHEDULE DATES: MARCH 4 — MARCH 29, 2024**

**LONG PARK (LP) — 4603 JAMES MADISON HWY**

**09G PREMIER RED**

MONDAY — 8:40PM — 9:40PM — LP FIELD 7A  
WEDNESDAY — 8:40PM — 9:50PM — LP FIELD 5B-2

**09G PREMIER ROYAL**

WEDNESDAY — 8:40PM — 9:50PM — LP FIELD 5B-1  
FRIDAY — 7:30PM — 8:45PM — LP FIELD 5A-1

**08G PREMIER RED**

MONDAY — 8:05PM — 9:05PM — LP FIELD 6  
WEDNESDAY — 5:00PM — 6:10PM — LP FIELD 5A-2

**07G PREMIER RED**

MONDAY — 8:05PM — 9:05PM — LP FIELD 6  
WEDNESDAY — 5:00PM — 6:10PM — LP FIELD 5A-1

**08/07G PREMIER ROYAL**

MONDAY — 8:05PM — 9:05PM — LP FIELD 6  
WEDNESDAY — 8:40PM — 9:50PM — LP FIELD 7B

**06/05G PREMIER RED**

MONDAY — 8:05PM — 9:05PM — LP FIELD 6  
WEDNESDAY — 7:30PM — 8:40PM — LP FIELD 6B-1

